

## A Simple Procedure for Marking a Perfect Field on a Rugby League Ground

1. The goal posts are on the end line. Mark the two end lines first. The end lines should be 160 feet long (48.8m), so from the centre of the goal posts, mark out 24.4m in each direction.
2. Mark the two sidelines by joining the ends of the end lines together. On a rugby league field, these will be 100m long.
3. Mark the half way line. This will be the same as the rugby league half way line. This line should run across the field, at half way, finishing 4 inches (10 cm) short of each sideline. Note: it should not touch the sideline (see diagram).
4. From the half way line, head towards a goal line, measuring out 5 yards (4.57m) at a time and marking a cross-field line in the same way (finishing 4 inches short of each sideline). These will become the 40, 35, 30, 25, 20, 15, 10 and 5 yard lines, and the goal line (9 of them in total).
5. Repeat step 4 in the other direction.
6. Mark the yard lines on each sideline. There will be 4 of them between each set of 5 yard lines, spaced 1 yard (91.4cm) apart. These yard lines start 4 inches (10cm) in from each sideline, and are 2 feet (60cm) long (see diagram). Again, they should not touch the sideline.
7. Mark the hash marks. The hash marks are lines marked between 58 feet (17.7m) and 60 feet (18.3m) in from each sideline - that is, they are 2 feet (60cm) long. Again, there will be 4 of them between each set of 5 yard lines, spaced 1 yard apart, lining up exactly with the yard lines from step 6.
8. Mark the two coaches boxes (one on each side). Each coaches box starts 6 feet outside the sideline, from the 25 yard line to the 25 yard line and is 6 feet deep. This should be a solid line (shown as a dashed line in the diagram as it is often marked in a different colour, but white is fine).
9. Mark the two players areas. These are simply extensions of the coaches box, heading back approximately another 12 feet, space permitting. Again, these should be a solid line (shown as a dashed line in the diagram).
10. Mark the two extra point spots. 3 yards out from each goal line, at exactly the middle of the field, mark a line 6 feet (1.8m) long.
11. Paint the numbers. The numbers should be every 10 yards. Start from one goal line, and mark the numbers as shown in the diagram (note: the 5 yard lines are not numbered, only the 10 yard lines. So, from the goal line, skip the first line (5 yard line), and mark the second one "10". Then skip the third one and mark the fourth one "20". Continue with "skip - 30 - skip -40". Skip the half way line and mark the next line "40". Continue with "skip -30 - skip -20 - skip -10 - skip".
12. Mark the chain crew reference spots [NOT SHOWN ON THE DIAGRAM]. This takes the form of a small square spot, almost 6 feet off the sideline (directly in front of the coaches' box line), every 5 yards, in line with the 5 yard lines from steps 4 and 5. These chain crew reference spots should be marked on both sidelines.

## **A Simple Procedure for Marking a Perfect Field on a Soccer Field**

1. The goal posts are on the end line. Mark the two end lines first. The end lines should be 160 feet long (48.8m), so from the centre of the goal posts, mark out 24.4m in each direction. Note: if there are no goal posts, the two end lines should be 120 yards apart.
2. Mark the two sidelines by joining the ends of the end lines together. On a soccer field, these will be 120 yards long.
3. Mark the half way line. This will be the same as the soccer half way line. This line should run across the field, at half way, finishing 4 inches (10 cm) short of each sideline. Note: it should not touch the sideline.
4. From the half way line, head towards a goal line, measuring out 5 yards (4.57m) at a time and marking a cross-field line in the same way (finishing 4 inches short of each sideline). These will become the 45, 40, 35, 30, 25, 20, 15, 10 and 5 yard lines, and the goal line (10 of them in total).
5. Repeat step 4 in the other direction.
6. Mark the yard lines on each sideline. There will be 4 of them between each set of 5 yard lines, spaced 1 yard (91.4cm) apart. These yard lines start 4 inches (10cm) in from each sideline, and are 2 feet (60cm) long (see diagram). Again, they should not touch the sideline.
7. Mark the hash marks. The hash marks are lines marked between 58 feet (17.7m) and 60 feet (18.3m) in from each sideline - that is, they are 2 feet (60cm) long. Again, there will be 4 of them between each set of 5 yard lines, spaced 1 yard apart, lining up exactly with the yard lines from step 6.
8. Mark the two coaches boxes (one on each side). Each coaches box starts 6 feet outside the sideline, from the 25 yard line to the 25 yard line and is 6 feet deep. This should be a solid line (shown as a dashed line in the diagram as it is often marked in a different colour, but white is fine).
9. Mark the two players areas. These are simply extensions of the coaches box, heading back approximately another 12 feet, space permitting. Again, these should be a solid line (shown as a dashed line in the diagram).
10. Mark the two extra point spots. 3 yards out from each goal line, at exactly the middle of the field, mark a line 6 feet (1.8m) long.
11. Paint the numbers. The numbers should be every 10 yards. Start from one goal line, and mark the numbers as shown in the diagram (note: the 5 yard lines are not numbered, only the 10 yard lines. So, from the goal line, skip the first line (5 yard line), and mark the second one "10". Then skip the third one and mark the fourth one "20". Continue with "skip - 30 - skip -40". Skip the half way line and mark the next line "40". Continue with "skip -30 - skip -20 - skip -10 - skip".
12. Mark the chain crew reference spots [NOT SHOWN ON THE DIAGRAM]. This takes the form of a small square spot, almost 6 feet off the sideline (directly in front of the coaches' box line), every 5 yards, in line with the 5 yard lines from steps 4 and 5. These chain crew reference spots only need to be marked on the chain crew side.

## A Simple Procedure for Marking a Perfect Field on an Open or AFL Field

1. Mark the two end lines first. The end lines are 360 feet (120 yards) apart. The end lines should be 160 feet long (48.8m). The goal posts will be placed in the middle of each end line
2. Mark the two sidelines by joining the ends of the end lines together.
3. Mark the half way line. This line should run across the field, at half way, finishing 4 inches (10 cm) short of each sideline. Note: it should not touch the sideline.
4. From the half way line, head towards a goal line, measuring out 5 yards (4.57m) at a time and marking a cross-field line in the same way (finishing 4 inches short of each sideline). These will become the 45, 40, 35, 30, 25, 20, 15, 10 and 5 yard lines, and the goal line (10 of them in total).
5. Repeat step 4 in the other direction.
6. Mark the yard lines on each sideline. There will be 4 of them between each set of 5 yard lines, spaced 1 yard (91.4cm) apart. These yard lines start 4 inches (10cm) in from each sideline, and are 2 feet (60cm) long (see diagram). Again, they should not touch the sideline.
7. Mark the hash marks. The hash marks are lines marked between 58 feet (17.7m) and 60 feet (18.3m) in from each sideline - that is, they are 2 feet (60cm) long. Again, there will be 4 of them between each set of 5 yard lines, spaced 1 yard apart, lining up exactly with the yard lines from step 6.
8. Mark the two coaches boxes (one on each side). Each coaches box starts 6 feet outside the sideline, from the 25 yard line to the 25 yard line and is 6 feet deep. This should be a solid line (shown as a dashed line in the diagram as it is often marked in a different colour, but white is fine).
9. Mark the two players areas. These are simply extensions of the coaches box, heading back approximately another 12 feet, space permitting. Again, these should be a solid line (shown as a dashed line in the diagram).
10. Mark the two extra point spots. 3 yards out from each goal line, at exactly the middle of the field, mark a line 6 feet (1.8m) long.
11. Paint the numbers. The numbers should be every 10 yards. Start from one goal line, and mark the numbers as shown in the diagram (note: the 5 yard lines are not numbered, only the 10 yard lines. So, from the goal line, skip the first line (5 yard line), and mark the second one "10". Then skip the third one and mark the fourth one "20". Continue with "skip - 30 - skip -40". Skip the half way line and mark the next line "40". Continue with "skip -30 - skip -20 - skip -10 - skip".
12. Mark the chain crew reference spots [NOT SHOWN ON THE DIAGRAM]. This takes the form of a small square spot, almost 6 feet off the sideline (directly in front of the coaches' box line), every 5 yards, in line with the 5 yard lines from steps 4 and 5. These chain crew reference spots only need to be marked on the chain crew side.